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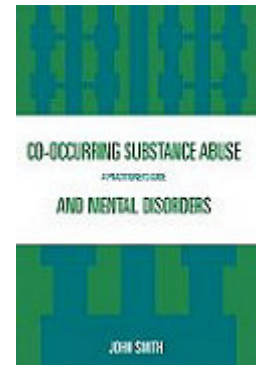
Co-Occurring Substance Abuse

by John Smith

Co-occurring Substance Abuse and Mental Disorder: A Practitioner's Guide is a basic overview of current evidence-based practices for treating co-occurring disorders. Co-occurring disorders, also known as dual diagnosis, refers to individuals who have both a mental illness and a co-morbid substance use disorder. The literature suggests that utilizing an "integrated" approach to treatment, treating both disorders concurrently in a program with clinicians specially trained in mental illness and substance abuse, provides the best outcomes for this population. This book is designed to provide clinicians with the basic knowledge and skills required to effectively assess and treat co-occurring disorders.

Table of Contents:

- What Are Co-Occurring Disorders?
- Assessment of Co-Occurring Disorders
- Major Mental Disorders
- Addictive Disorders
- Psychotherapeutic Medications
- Treatment of Co-Occurring Disorders
- Clinical Vignettes
- Epilogue



Cat. # DA-PSC1 128 pages ISBN: 9780765704528 SOFTCOVER

States of Consciousness

by Andrzej Kokoszka

Consciousness has always been a particularly elusive concept and one vigorously argued in the scientific community. This new volume takes on the task of defining normal and altered consciousness in their most relevant clinical terms.

In *States of Consciousness*, Andrzej Kokoszka expands on the pioneering work of J.H. Jackson, offering contemporary models for studying consciousness as it applies to both pathology and normal altered states, e.g., relaxation, sleep, meditation, and hypnosis. He makes clear distinctions between the neuroscientific and psychiatric components of consciousness; at the same time, his theories are rooted firmly in the biopsychosocial approach.

- Highlights of the coverage:
- Historical overview of studies of consciousness and its altered states
- Evolutionary/dynamic model of consciousness and information processing, based on the structure and principles of cell behavior
- Comparison of altered states of consciousness in healthy persons and patients with schizophrenia
- New perspectives on the role of consciousness in pathology
- Case illustration of altered states in a patient with Posttraumatic Stress Disorder, integrating neurobiological, cognitive-behavioral, and psychodynamic data
- Applications of the model in clinical practice

Contents:

General Presumptions and Concepts Referring to Consciousness and its Altered States - Theoretical Inspirations - The Variety of Subjective Experiences - The Main Results Research on Altered States of Consciousness and its General Theories - Models of States of Consciousness and Information Metabolism - Applications and Extensions of the Model - The Current Studies of Information Metabolism - Forward - Ineffable Features of States of Consciousness Modalities.

Cat. # DA-PSC2 280 pages ISBN: 9780387327570 HARDCOVER

Empathy in Patient Care

by Mohammadreza Hojat

Human beings are designed by evolution to form meaningful interpersonal relationships through verbal and nonverbal communication. This principle is the same whether the individual is male or female; an infant, a child, an adolescent, or an adult; or healthy or sick.

- First book to review and summarize the multidisciplinary research on empathy in patient care.
- Book includes the following appendices: The Jefferson Scale of Physician Empathy (HP-Version); The Jefferson Scale of Physician Empathy (S-Version); and The Jefferson Scale of Patient's Perceptions of Physician Empathy.

The theme that empathic human connections are beneficial to the body and mind underlies all 12 chapters of this book, in which empathy is viewed from a multidisciplinary perspective that includes evolution; neuropsychology; clinical, social, developmental, and educational psychology; and health care delivery and education. Some theoretical aspects of antecedents, development, and outcomes of empathy are discussed, and relevant studies and empirical findings are presented in support of the theoretical discussion.

Contents:

Foreword - A Personal Odyssey - Acknowledgments - Preface - Section 1: Empathy in the Context of Human Relationships - Descriptions, and Conceptualization - Human Connection in Health and Illness - An Evolutionary Perspective, Psycho-Socio-Physiology, Neuroanatomy, and Heritability - Psychodynamics and Development - Measurement. Section 2: Empathy in the Context of Patient Care - A Definition and Key Features of Empathy in Patient Care - The Jefferson Scale of Physician Empathy - The Interpersonal Dynamics in Clinician-Patient Relationships - Empathy As Related to Sex, Personal Qualities, Clinical Competence, and Career Choice - Patient Outcomes - Enhancement of Empathy - Parting Thoughts - Appendix A - Appendix B - Appendix C - Index of Names - Index of Subjects - References - About the Author.

Cat. # DA-PSC3 420 pages ISBN: 9780387336077 HARDCOVER

Intellectual and Development Disabilities

by John W. Jacobson, James A. Mulick, and Johannes Rojahn

Changes within the interdisciplinary field of intellectual and developmental disabilities are evolving at a rapid pace. Clinicians, academics, administrators, and a variety of mental health providers alike need easy-to-access, reliable information that enables them to stay abreast of the numerous advances in research, assessment, treatment, and service delivery within a real-world sociopolitical framework. To that end, the Handbook of Intellectual and Developmental Disabilities is an essential resource for any professional who works with this vulnerable population.

This volume examines in detail the numerous advances in the field, summarizing major domains and emerging subspecialties into one eminently useful reference. Its contributors comprise a panel of the leading scientist-clinicians, who offer much-needed insight and guidance into ongoing improvements in theory and practice as well as intervention and prevention.

- The Handbook of Intellectual and Developmental Disabilities makes clear the far-reaching impact these disorders have on individuals, their families, and society in general.
- Provides easy-to-access, reliable, up-to-date information on the numerous advances in research, assessment, treatment, and service delivery for clinicians, academics, administrators and other mental health professionals
- Examines issues surrounding intellectual and developmental disabilities in a real-world sociopolitical framework
- Summarizes the major domains and emerging subspecialties of this vast area into one useful reference
- Offers a wide range of assessment and diagnostic tools and tactics, including cognitive and adaptive behavior assessments
- Reviews the latest evidence-based prevention and intervention strategies, from social skills training to self-harm reduction to pharmacotherapy

Cat. # DA-PSC4 648 pages ISBN: 9780387329307 HARDCOVER

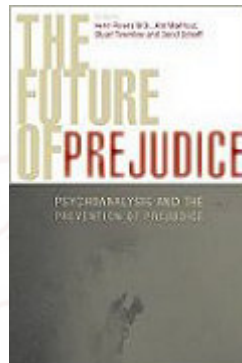
The Future of Prejudice

by Henri Parens, Afaf Mahfouz, Stuart Twemlow, and David Scharff

Established psychoanalytic/psychodynamic researchers and theorists bring the exploration of prejudice to a new level by examining how psychoanalysis might elucidate strategies that will eliminate prejudice.

List of Contributors:

Salman Akhtar; George Awad; Ira Brenner; Peter Fonagy; James Gilligan; Forrest Hamer; Anna Higgitt; David Knowlton; Hanna Mann-Shalvi; Henri Parens; Nadia Ramzy; Frank Sacco; David Scharff; Jill Scharff; Carlo Strenger; Shashi Tharoor; Stuart W. Twemlow; Hans-Jurgen Wirth; Elizabeth Young-Bruehl



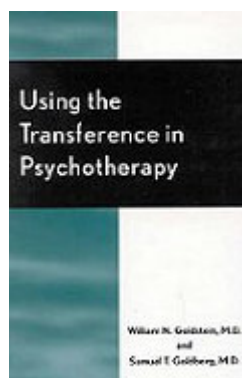
Cat. # DA-PSC5 256 pages ISBN: 9780765704610 SOFTCOVER

Using the Transference in Psychotherapy

by William Goldstein, and Samuel Goldberg

Using the Transference in Psychotherapy centers around two dominant themes the old vs. the new models of transference, and the role of transference in psychotherapy. As background the book provides an historical overview of transference, countertransference, and the therapeutic alliance.

A number of detailed cases are provided, graphically demonstrating how transference is addressed in psychotherapy and briefly focusing on projective identification and enactment. This book is a must-read for both students and mental health professionals at the early stages of their careers, and a useful reference for more experienced professionals.



Cat. # DA-PSC6 200 pages ISBN: 9780765705112 SOFTCOVER

Behavioural Consultation and Primary Care

by Patricia Robinson, and Jeff Reiter

A concise, practical resource that will help behavioral health providers working or planning to work in primary care with a strong model for their new practice arena

The Primary Care Behavioral Health (PCBH) model is fast emerging as the future of integration between mental health and primary care services. As the first book to detail the model, *Behavioral Consultation and Primary Care: A Guide to Integrating Services* explains in hands-on terms how to achieve truly integrated care. From starting up a new PCBH service to evaluating its outcome, clinicians and medical administrators alike will find much of value here.

Written by two veteran Behavioral Health Consultants (BHCs), the Guide offers a wealth of practical advice for all levels of therapists entering primary care. Every detail of BHC work is discussed, ranging from key job competencies to proven strategies for navigating challenging new terrain. Detailed case examples also bring theory to life for a wide variety of common clinical problems.

- Real-world features designed to help establish a service and ease the transition from specialty mental health to primary care:
- Specific administrative recommendations for setting up a BHC office, scheduling patients, billing, and staffing
- Start-up checklist, chart note templates, handouts for generating referrals, and other valuable tools
- Chapters outlining the therapeutic approaches and assessment methods best suited to BHC work
- Creative strategies for influencing that new colleague - the primary care provider
- Case examples to illustrate typical consultations with children, adults, and older adults, as well as innovative group approaches
- Tips for handling ethical concerns unique to the PCBH model, and professional and personal challenges unique to the primary care setting
- CD of reproducible patient handouts to help patients get the most out of consultations

The authors' lively and engaging style is accessible to a wide range of professionals, so seasoned practitioners and neophytes - as well as the administrators who hire them - will find this material totally accessible. In addition to assisting professionals in the field, the Guide is perfectly suited for use in a variety of graduate classes and residency training programs.

Contents:

An Overview of Primary Care Behavioral Health Consultation - Study the Map First: A Primer on Primary Care - Before you See the First Patient.- Orienting Patients and Staff to Your Service - The First Patient and Beyond: The Nuts and Bolts of Service Delivery - Case Examples of Common Pediatric Consultations - Case Examples of Common Adult Consultations - Case Examples of Common Older Adult Consultations - Making Integration Complete.- Evaluating Your Service.- Prepare for Challenging Moments - Common Ethical Issues - Conclusion - References.



Cat. # DA-PSC7 395 pages ISBN: 9780387329710 HARDCOVER

Women over 50 Psychological Perspectives

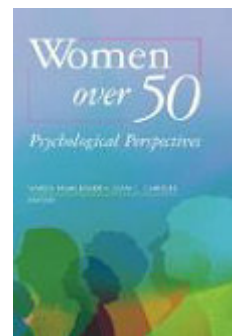
by Varda Muhlbauer, and Joan C. Chrisler

A woman's middle age had traditionally been regarded as a time of loss and decline. But in the wake of the women's movement and other societal and cultural events, a profound shift has taken place. Far from being marginalized, midlife women stand at the forefront of a great transformation of cultural perceptions and attitudes. They are rejecting stereotypes, embracing new opportunities, and forming what this important book terms "a new collective middle-aged identity."

- Highlights attitudes and perceptions of women in today's over-fifty generation compared to earlier ones
- Written by feminist scholars who examine many aspects of women's lives
- Explores experiences, coping strategies, and issues that women of middle age face in modern society

Women over 50: Psychological Perspectives analyzes the challenges, benefits, coping strategies, problems, and accomplishments associated with the midlife experience. Ten chapters present the state of research (and correct longstanding myths) regarding significant aspects of middle-aged women's lives:

- Mind-body: illness, body image, exercise
- Love, romance, and sexuality
- Friendship and support systems
- "The sandwich generation"
- Re-creating the role of grandmothers
- Retirement and financial stability
- Using personal empowerment to empower others
- Quality of life and future directions



Cat. # DA-PSC8 260 pages ISBN: 9780387463407 HARDCOVER

Sudden Influence

How Spontaneous Events Shape Our Lives

by Michael A. Rousell

Songwriter Carly Simon recalls an emotionally intense high school episode when her boyfriend referred to her stammer as "charming." Simon regards that moment as a turning point for her self-esteem, and so her future. Other celebrities share similar, seemingly minor moments with truly life-changing effects. Tennis champion Venus Williams recalls one of her sister's pep talks when "her words changed my life." Basketball star Shaquille O'Neal credits an offhand remark by his mother as "the words that changed everything for me." All three cases illustrate a Spontaneous Influence Event, or SIE.

In this book, psychologist Michael Rousell, who has studied such events across decades, shows us how SIEs - which occur when we are emotionally charged - do occur for most of us, for better or worse. These events trigger an intense emotional response and activate a mental state of extreme suggestibility. There is thus fertile ground for statements about our worth, abilities, and potential to be implanted solidly in our minds, leading to success or failure, often without our completely comprehending the effect and why it occurred. Rousell explains how the sudden impact of these SIEs disarms our instinctive defense mechanisms and rational thinking processes, leaving us open to instant adoption of new beliefs. In this unique book, he looks at the neurobiology of this spontaneous change, why the events occur, how to defend against the negative among them, and how to manage or promote positive SIEs. He also explains, through common vignettes, how and why the brain encodes SIEs to be triggered again and again in memory at later dates. Finally, Rousell details how we can recognize Elevated Suggestibility States or "teachable moments," then use that knowledge to create positive SIEs for ourselves and those we love. And he explains how we can undo the damage of negative SIEs that may be haunting us, holding us back, or hurting us.

Cat. # DA-PSC9 208 pages ISBN: 9780275993214 HARDCOVER

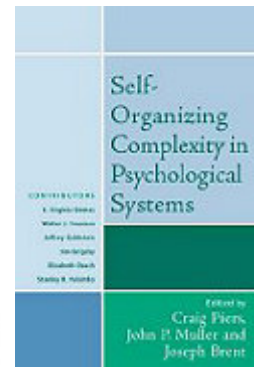
Self-Organizing Complexity in Psychological Systems

by Craig Piers, John P. Muller, and Joseph Brent

- One of the few volumes that addresses itself to the relationship between complexity theory and psychoanalysis; and psychology more generally.
- Several of the contributors are well-recognized authorities in the area of complexity theory.
- Wide range of topics addressed including neurodynamics, psychoanalytic theory, development, and personality theory.

This volume addresses itself to the ways in which the so-called "new sciences of complexity" can deepen and broaden neurobiological and psychological theories of mind. Complexity theory has gained increasing attention over the past 20 years across diverse areas of inquiry, including mathematics, physics, economics, biology, and the social sciences.

Complexity theory concerns itself with how nonlinear dynamical systems evolve and change over time and draws on research arising from chaos theory, self-organization, artificial intelligence and cellular automata, to name a few. This emerging discipline shows many points of convergence with psychological theory and practice, emphasizing that history is irreversible and discontinuous, that small early interventions can have large and unexpected later effects, that each life trajectory is unique yet patterned, that measurement error is not random and cannot be justifiably distributed equally across experimental conditions, that a system's collective and coordinated organization is emergent and often arises from simple components in interaction, and that change is more likely to emerge under conditions of optimal turbulence.

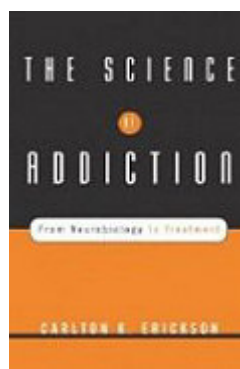


Cat. # DA-PSC10 192 pages ISBN: 9780765705266 SOFTCOVER

Science of Addiction: From Neurobiology to Treatment

by Carlton E. Erikson

A leading addictions specialist presents information about the neurobiology of drug and alcohol addictions and how individuals with addictions respond to various therapies. The strong focus on the most commonly addictive drugs - alcohol, nicotine, cocaine, heroin - as well as others, ensures wide coverage of this issue.



Cat. # JW-PSC2 288 pages ISBN: 9780393704631 HARDCOVER

What's Wrong with Us: The Anthro-pathology Thesis

by Colin Feltham

What is the scope of the 'human condition'? What are the origins of universal human problems? What is wrong with education, marriage, religion, and therapy? How likely are we, as humans, to correct these problems?

Colin Feltham, Professor of Critical Counselling Studies at Sheffield Hallam University, UK, and member of Crisis: Forum for the Study of Crisis in the 21st Century, argues that the current crises of the human condition are merely symptoms of a chronic wayward tendency, otherwise branded in What's Wrong With Us? as anthro-pathology. The origins of human suffering are traced with interdisciplinary adeptness, exploring the contemporary issues of human violence, deceit, patriarchy, rapaciousness, child abuse, irrationality and capitalist greed. Our human anthro-pathology is assessed as being at the heart of such problems.

This book breaks new ground in bringing many anthro-pathological themes together in a sustained frontal attack on dangerous human anachronisms. We cannot be sure that we can solve our problems but we can be sure that denying them will protract and worsen the situation for both ourselves and our descendants. A challenging and enlightening book for students and academics in counselling and psychotherapy, psychology, sociology, philosophy and religion. Also a gripping read for those with a general interest in our current social state.

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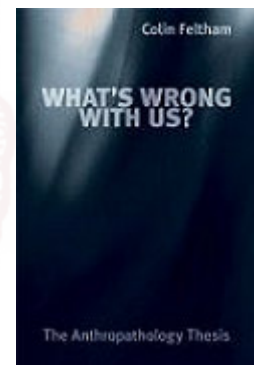
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Cat. # JW-PSC1 300 pages ISBN: 9780470019542 HARDCOVER

Mindful Brain:**Reflection and Attunement in the Cultivation of Well-being**

by Daniel Siegel

An exploration of the nature of our mind, from the inside out, by a leading neurobiologist

Over the last twenty years, there has been growing attention in the Western world to mindfulness - paying attention to life in the present moment. Here, Daniel J. Siegel investigates the phenomenon of mindfulness as it impacts our daily lives, offering readers insight into personal relationships, emotional behavior, parenting, and work.

Cat. # JW-PSC4 256 pages ISBN: 9780393704709 HARDCOVER

Families, Carers and Professionals: Building Constructive Conversations

by Grainne Smith

When caring for a mentally ill patient, professionals and families often communicate poorly, failing to convey critical information to one another. Based on interviews with both professionals and families/carers, *Families, Carers and Professionals* is designed to improve communication between both groups in order to provide a greater level of support for the troubled individual at the center. Here is a practical handbook full of ideas and resources that professionals can use when working with families (i.e., letter templates) and families can use to better communicate with professionals (i.e., sample diary sheets).

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Foreword by Janet Treasure.

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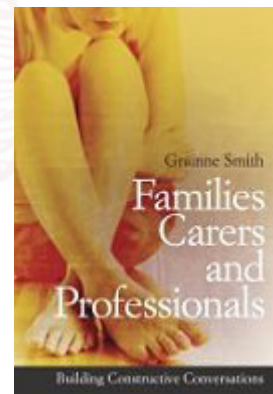
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3. Back to basics.
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7. Difficult scenes and destructive relationships.
8. Resources: creating 24-hour best care.
9. Professionals and carers: pressures, problems and pleasures.
10. Confidentiality: a thorny issue.
11. More assumptions, perceptions and interpretations.
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Cat. # JW-PSC3 274 pages ISBN: 9780470056950 SOFTCOVER

ADHD Grown Up: A Guide to Adolescent & Adult ADHD

by Joel Young

An essential clinical resource when working with adult ADHD clients.

ADHD is often cloaked by other psychological disorders, and the emphasis on ADHD in children has left teens and adults overlooked and underserved. Joel Young counters this trend with guidelines for addressing this prevalent disorder. Young's keen diagnostic eye and years of clinical experience come together in this book, which offers clear assessment criteria, effective treatment strategies, and rich case examples.

Cat. # JW-PSC5 240 pages ISBN: 9780393704686 SOFTCOVER

**Trauma and the Body:
A Sensorimotor Approach to Psychotherapy**

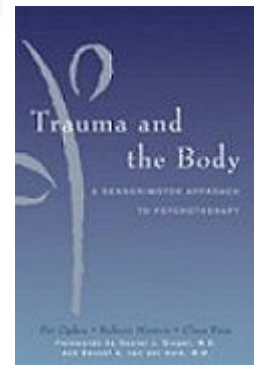
by Pat Ogden, Kekuni Minton, and Clare Pain

The body, for a host of reasons, has been left out of the talking cure. Psychotherapists who have been trained in models of psychodynamic, psychoanalytic, or cognitive therapeutic approaches are skilled at listening to the language and affect of the client. They track the clients associations, fantasies, and signs of psychic conflict, distress, and defenses. Yet while the majority of therapists are trained to notice the appearance and even the movements of the client's body, thoughtful engagement with the client's embodied experience has remained peripheral to traditional therapeutic interventions.

Trauma and the Body is a detailed review of research in neuroscience, trauma, dissociation, and attachment theory that points to the need for an integrative mind body approach to trauma. The premise of this book is that, by adding body oriented interventions to their repertoire, traditionally trained therapists can increase the depth and efficacy of their clinical work. Sensorimotor psychotherapy is an approach that builds on traditional psychotherapeutic understanding but includes the body as central in the therapeutic field of awareness, using observational skills, theories, and interventions not usually practiced in psychodynamic psychotherapy. By synthesizing bottom-up and top down interventions, the authors combine the best of both worlds to help chronically traumatized clients find resolution and meaning in their lives and develop a new, somatically integrated sense of self.

Table of Contents:

- Top-down and Bottom-up Psychotherapy: Hierarchical Information Processing
- From Pierre Janet to the 21st Century
- The Window of Tolerance: Self-Regulation and Information Processing
- Disrupted Memory of the Future: Traumatic Orienting and Defensive Responses
- Introduction to the Clinical Practice of Sensorimotor Psychotherapy
- Somatic Awareness: Body Sensation and Psychotherapy
- Working with the Organization of Experience: Tracking, Contact, and Accessing Mindfulness
- Tapping the Intelligence of the Body: Building Somatic Resources
- The Use of Touch
- A Somatic Approach to Phase Oriented Treatment
- Conclusion: Limitations and Future Directions



Cat. # JW-PSC6 320 pages ISBN: 9780393704570 HARDCOVER

**Changes in Decision-Making
Capacity in Older Adults: Assessment and Intervention**

by Sarah Qualls, and Michael Smyer

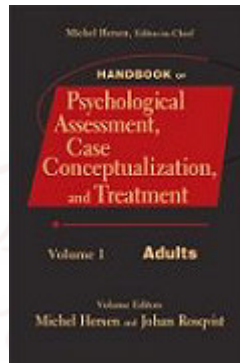
Emphasizing the distinctive and unique characteristics of practice with older adults, this volume is written for the mental health professional who treats the growing geriatric population. The book provides guidance for caregivers, families, and those who counsel them on assessing and adjusting to changes in mental capacities in older adults.

Cat. # JW-PSC7 368 pages ISBN: 9780470037980 HARDCOVER

Handbook of Psychological Assessment, Case Conceptualization, and Treatment, Adults

by Michel Hersen, and Johan Rosqvist

Handbook of Psychological Assessment, Case Conceptualization, and Treatment provides in two volumes comprehensive coverage of the fundamentals of psychological practice across the age spectrum and features contributions from leading international researchers and professionals. This book gathers contributions from leading international scholars and practitioners to present the latest evidence-based findings regarding best practices for a number of prevalent DSM disorders and other issues facing individuals of all ages, as well as special groups.

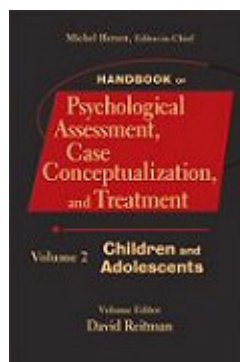


Cat. # JW-PSC8 816 pages ISBN: 9780471779995 HARDCOVER

Handbook of Psychological Assessment, Case Conceptualization, and Treatment, Children and Adolescents

by Michel Hersen, and Johan Rosqvist

Handbook of Psychological Assessment, Case Conceptualization, and Treatment provides in two volumes comprehensive coverage of the fundamentals of psychological practice across the age spectrum and features contributions from leading international researchers and professionals. This book gathers contributions from leading international scholars and practitioners and presents the latest evidence-based findings regarding best practices for a number of prevalent DSM disorders and other issues facing individuals of all ages, as well as special groups.



Cat. # JW-PSC9 720 pages ISBN: 9780471780007 HARDCOVER

**Cognitive-Behavioural Therapy
in the Treatment of Addiction: A Treatment Planner for Clinicians**

by Christos Kouimtsidis

All opioids have the potential for dependence, although heroin carries the highest risk. In the UK, there are approximately 250,000 opioid dependent drug users, with around 160,000 in treatment at some point during the course of a year. *Cognitive-Behavioural Therapy in the Treatment of Addiction* is a treatment manual that can be used by clinicians who have little experience of CBT, for treating their clients. The first two chapters explain how the manual can be used and review the evidence base for CBT as a psychological intervention. Chapter 3 introduces CBT techniques, Chapter 4 outlines assessment and case formulation and Chapter 5 suggests ways of setting up and structuring clinical sessions. Chapter 6 examines core topics such as problem solving and lifestyle changes, while Chapter 7 looks at elective topics such as anger and impulse control and relationship problems. The appendices include therapy worksheets, the daily thought record and drug refusal strategies.

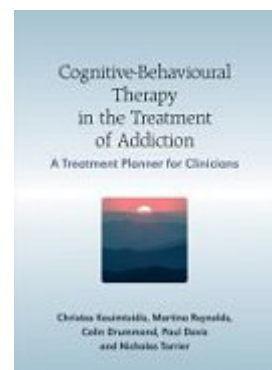
- Aimed at clinicians with little experience in CBT
- Offers specific guidelines on how to structure sessions and deliver treatment
- Topical - NICE guidelines on psychosocial approaches to drug misuse expected late 2008

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Cat. # JW-PSC10 198 pages ISBN: 9780470058527 HARDCOVER

Moderating Severe Personality Disorders: A Personalized Psychotherapy Approach

by Theodore Millon, and Seth Grossman

A revolutionary, personalized psychotherapy approach for the treatment of Axis II personality disorders, by renowned expert Dr. Theodore Millon

Acknowledging the primacy of the whole person, *Moderating Severe Personality Disorders: A Personalized Psychotherapy Approach* takes into account all of the complexities of human nature - family influences, culture, neurobiological processes, unconscious memories, and so on--illustrating that no part of human nature should lie outside the scope of a clinician's regard.

Part of a three book series, this book provides you with a unique combination of conceptual background and step-by-step practical advice to guide your treatment of Axis II personality disorders.

Detailed case studies are provided throughout the text to illustrate the strategies of personalized psychotherapy for:

- Retiring/Schizoid Personality Patterns
- Shy/Avoidant Personality Patterns
- Pessimistic/Depressive Personality Patterns
- Aggrieved/Masochistic Personality Patterns
- Eccentric/Schizotypal Personality Patterns
- Capricious/Borderline Personality Patterns

Destined to become an essential reference for trainees and professionals, this book makes a revolutionary call to return therapy to the natural reality of each patient's life, seamlessly guiding you in understanding the personality and treatment of the whole, unique, yet complex person.

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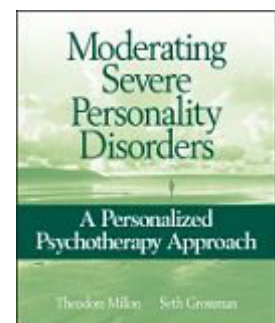
Chapter 6 Personalized Therapy for the Eccentric/Schizotypal Personality Patterns.

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Cat. # JW-PSC11 360 pages ISBN: 9780471717720 HARDCOVER

Critical Thinking in Clinical Practice: Improving the Quality of Judgments and Decisions

by Eileen Gambrill

Decisions are influenced by a variety of fallacies and biases that we can learn how to avoid. Critical thinking values, knowledge, and skills, therefore, are integral to evidence-based practice. These emphasize the importance of recognizing ignorance as well as knowledge and the vital role of criticism in discovering how to make better decisions. This book is for clinicians - clinicians who are willing to say 'I don't know.'

Critical Thinking in Clinical Practice, Second Edition is designed to enhance readers' skills in making well-informed, ethical decisions. Making such decisions is no easy task. Decisions are made in uncertain, changing environments with time pressures. Interested parties, such as the pharmaceutical industry, spend millions of dollars to influence decisions made. Drawing on a wide range of related literature, this book describes common pitfalls in clinical reasoning as well as strategies for avoiding them--sometimes called mind-tools. Mental health and allied professionals will come away from this text with knowledge of how classification decisions, a focus on pathology, and reliance on popularity can cause errors. Hazards involved in data collection and team decision making such as groupthink are discussed.

Part 1 provides an overview of the context in which clinicians make decisions.

Part 2 describes common sources of error.

Part 3 describes decision aids including the process of evidence-based practice.

Part 4 describes the application of related content to different helping phases including assessment, intervention, and evaluation.

Part 5 suggests obstacles to making well-informed decisions and how to encourage lifelong learning.

This new Second Edition has been completely updated with expanded coverage on: Evidence-based practice, Screening issues and practice errors, Lifelong learning, Problem solving, Decision making

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Stress in Health and Disease

by Bengt B. Arnetz, Rolf Ekman, and Arvid Carlsson

This book is the first to address the most urgent issues, combining a solid basic research approach with applied individual and stress issues, including interventions. Throughout, the focus is on our latest knowledge about various causes of stress and its neuro-cognitive and biological implications. World-renowned authors from Europe as well as the US describe how stress affects the brain of young people as well as adults. They cover the topic from all perspectives, showing how stress affects life in general, from the societal and organizational level to the individual, organ and molecular level. While the book clearly points out stress as a risk factor to health, it also offers a number of evidence-based methods to cope with stress and even ride the positive energy of stress - both as an individual, as well as what managers can do to create a healthy and productive workplace.

Written in a reader-friendly and appealing style, the book provides real-life examples from various laboratories, as well as such events as the Volvo Ocean Race, the largest around-the-globe sailing competition. Essential reading for clinicians and biologists, as well as for a wide range of students, including medicine and public health, but also managers and HR staff.

With a Foreword by Nobel Laureate Professor Arvid Carlsson (Medicine 2000).

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Understanding Nicotine and Tobacco Addiction

by Novartis

Cigarette smoking is estimated to lead to 4.9 million premature deaths per year worldwide. This is predicted to rise to 10 million by 2020. In western countries it kills half of all smokers who fail to stop.

The prevailing model for tobacco addiction is that nicotine from cigarettes rewards smoking and punishes abstinence, tapping into a motivational system of operant conditioning that requires no conscious awareness. However, there are also accounts which involve cognitive biases and the effect of nicotine on impulse control. The brain pathways involved have been studied extensively, but the role of different nicotine receptor subtypes and other neurotransmitter systems is still subject to debate.

In western countries, cigarette smoking as an adult has a heritability of 30-50% and candidate genes have been identified that may contribute in part to addiction susceptibility. Many socio-cultural correlates of cigarette smoking have been established, but a comprehensive model that accounts for these and links them with the psychobiological aspects of nicotine addiction has not been forthcoming. Structured behavioural support programmes aid cessation attempts, as do a number of pharmacotherapies, most notably nicotine replacement treatments and bupropion, but the underlying mechanisms are unclear.

This book deals with the problems involved in understanding and treating nicotine and tobacco addiction. Topics covered include the nature of the worldwide health problem posed by cigarette smoking, the psychodynamics of cigarette addiction, and the basic pharmacology and biochemistry of nicotine and its effect on the brain. Further chapters analyse the genetic basis of susceptibility to nicotine addiction. Finally, the contributors address approaches to therapy. A continuing theme in the discussions throughout the book is how best to treat nicotine addiction, given that many smokers would like to stop smoking but are unable to do so because of their addiction.

This book will be of great value to all psychologists and psychiatrists working on addiction, specifically to nicotine but also to other compounds and behaviours. It will also be of interest to neuroscientists and pharmacologists working on nicotine receptors and the brain pathways involved in dependence, as well as to biochemists, molecular biologist and to public health officials.

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Percept, Decision, Action: Bridging the Gaps

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The title explains how the brain uses sensory information to develop and decide upon the appropriate action and how the brain determines the appropriate action to optimise the collection of new sensory information. Key questions answered include:

- How are percepts built up in the cortex and how are judgments of the percept made?
- In what way does information flow within and between cortical regions and what is accomplished by successive (and reverberating) stages of processing?
- How are decisions made about the percept subsequently acted upon, through their conversion to a response according to the learned criterion for action?
- How does the predicted or expected sensation interact with the actual incoming flow of sensory signals?

Cat. # JW-PSC16 314 pages ISBN: 9780470012338 HARDCOVER

Essentials of Abnormal Psychology

by Andrew R. Getzfeld

Essentials of Abnormal Psychology provides students and professionals with a concise overview of the major topics in abnormal psychology as well as chapters on the leading categories of disorders such as eating disorders, schizophrenic disorders, personality disorders, and substance-related disorders. This book utilizes the popular Essentials format and makes a perfect companion to primary texts on the topic or a useful study guide.

As part of the Essentials of Behavioral Science series, this book provides information mental health professionals need to practice knowledgeably, efficiently, and ethically in today's behavioral healthcare environment. Each concise chapter features numerous callout boxes highlighting key concepts, bulleted points, and extensive illustrative material, as well as "Test Yourself" questions that help you gauge and reinforce your grasp of the information covered.

Condensing the wide-ranging topics of the field into a concise, accessible format for handy and quick-reference, Essentials of Abnormal Psychology is an invaluable tool for learning as well as a convenient reference for established mental health professionals

Other titles in the Essentials of Behavioral Science series:

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- Essentials of Statistics for the Social and Behavioral Sciences
- Essentials of Psychological Testing
- Essentials of Research Design and Methodology

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Four: Essentials of Substance-Related Disorders.

Five: Essentials of Eating Disorders.

Six: Essentials of Sexual and Gender Identity Disorders.

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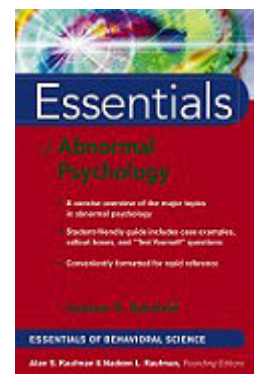
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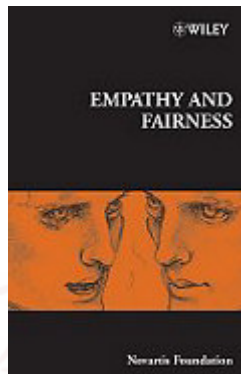


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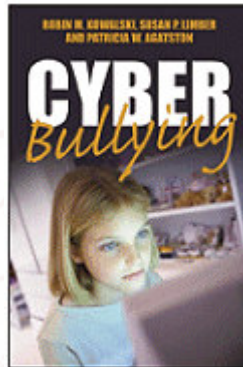


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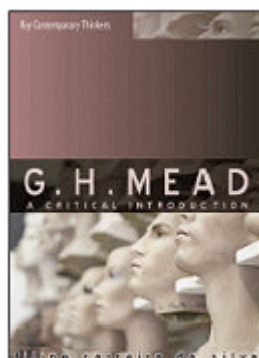


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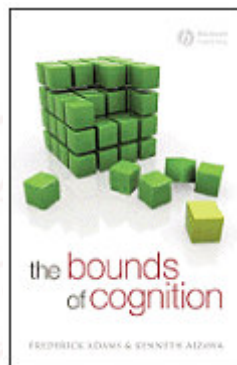


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